



DALHOUSIE  
UNIVERSITY



NOVA SCOTIA, CANADA



# EXCHANGE

*International Exchange Program Guide*



## DALHOUSIE AT A GLANCE

Year of founding	1818
Students	18,800+
Female students	55%
Male students	45%
International students	18%
Rhodes scholars	90
Countries represented	115+
Faculties	13
Degree programs	180+
Libraries	5
Student clubs & societies	330+
Student/professor ratio	17:1
Annual funded research	\$135 million+

# Welcome to DAL



A tradition of academic excellence mixed with the hospitality of Canada's East Coast. This is Dalhousie, one of Canada's oldest and finest universities.

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Our historic buildings may be covered in ivy, but we're pretty laid back.

We're proud of our warm East Coast vibe, as well as our internationally recognized academic programs on both our urban campus and smaller Agricultural Campus an hour away in Truro.





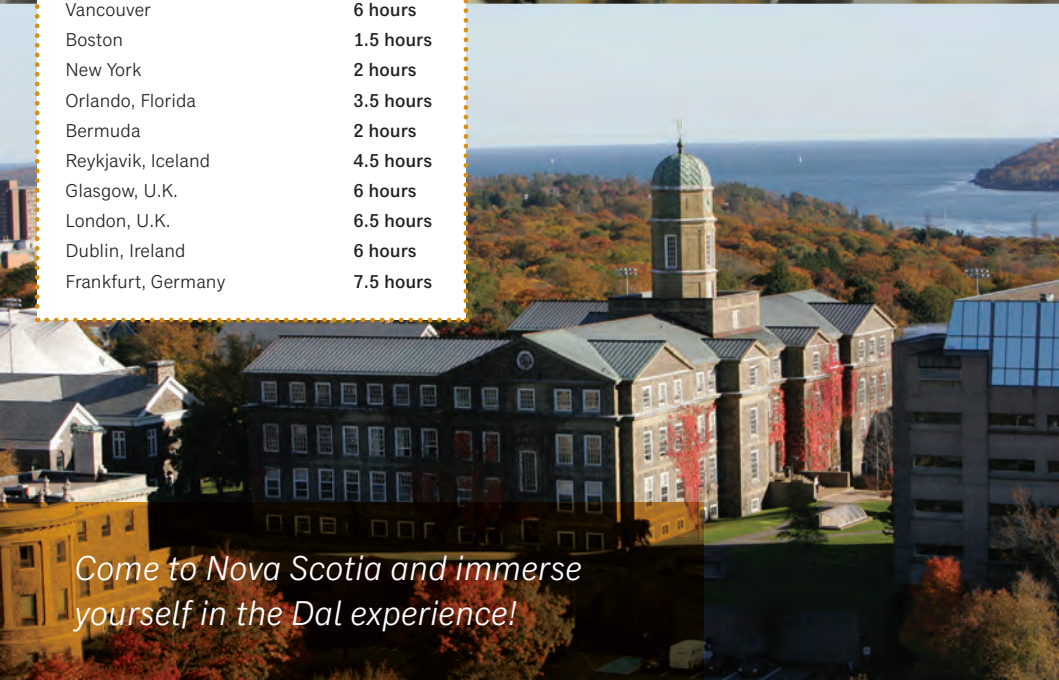
We're a world leader in marine biology and other ocean-related studies. Which makes sense, considering the Atlantic Ocean is just steps away from the Halifax campus.

## WHERE IN THE WORLD?

*Direct flying times to Halifax*



Montreal	1.5 hours
Toronto	2 hours
Calgary	5 hours
Vancouver	6 hours
Boston	1.5 hours
New York	2 hours
Orlando, Florida	3.5 hours
Bermuda	2 hours
Reykjavik, Iceland	4.5 hours
Glasgow, U.K.	6 hours
London, U.K.	6.5 hours
Dublin, Ireland	6 hours
Frankfurt, Germany	7.5 hours



*Come to Nova Scotia and immerse yourself in the Dal experience!*

WELCOME TO

# Nova Scotia

Canada's Ocean Playground

Explore our beautiful province at  
[novascotia.com](http://novascotia.com)







*"Halifax has the diversity and benefits of a major international hub, yet the charm and niceties of somewhere much smaller."*

*-Andrew Letton, Dal Exchange student from from Australia National University.*



Credit: Novascotia.com



Credit: Novascotia.com



Credit: Novascotia.com



Credit: Novascotia.com



Credit: Izzy Dempsey



Credit: Scott Mann

For more info about Halifax, visit [destinationhalifax.com](http://destinationhalifax.com)

## Urban living

The capital of Nova Scotia, Halifax is the perfect university city. With a population of 420,000 it keeps a **friendly, small-city vibe** but boasts the amenities of a much larger centre.

The vibrant downtown and scenic waterfront are a quick 2-minute walk from the Sexton Campus, and 15 minutes from the main Studley Campus. With its renowned arts scene, downtown is alive with theatres, restaurants, pubs, clubs, galleries, and boutiques. The Scotiabank Centre is the place to watch concerts and top sporting events, like our professional basketball team (the Hurricanes) and junior ice hockey team (the Mooseheads).



Watching over the town of Halifax atop of Citadel Hill stands the 18th-century Fort George. Halifax is a fantastic mix of history and contemporary culture.

Downtown is the award-winning Central Library. Browse the books or sip a coffee and take in the incredible view from the rooftop patio.

Hike the trails of 185-acre Point Pleasant Park right in the city, or head 15 minutes outside the city to explore the rugged coastline. Drive 20 minutes to join the surfers at Cow Bay (in summer and winter!) or carry on a bit further for some picturesque beaches.



Credit: Novascotia.com



# Truro

Credit: Novascotia.com



## Rural living

Our newest location, the **Agricultural Campus**, is found just outside Truro, about an hour from Halifax. The scenic town of 12,500 is at the end of the Minas Basin which feeds into the famous Bay of Fundy, boasting the highest tides in the world and beautiful red clay cliffs.

Spend an entire day exploring the 400-acre Victoria Park right in town, or feed your adventurous side by going tidal bore rafting on the Shubenacadie River (you have to experience it to believe it).



Credit: Novascotia.com

## Academic excellence

Dalhousie offers more than 4,000 classes in over 180 degree programs—more than many large Canadian universities. Our Environment, Sustainability and Society program is one of only a few in North America, and the first in Canada. Our Faculty of Agriculture, about an hour outside of Halifax, is the only one east of Montreal.



Every year Dalhousie conducts over \$135 million in funded research, and as a member of the U15 (Canada's top tier of research-intensive universities), we're affiliated with more than 40 research centres, institutes, and technical facilities around the world. But thanks to our size and close-knit nature, you'll enjoy one of the lowest student-professor ratios in Canada (17:1) and have access to top researchers, including 50 Canada Research Chairs.

LIFE at *Dal*

| inside the classroom







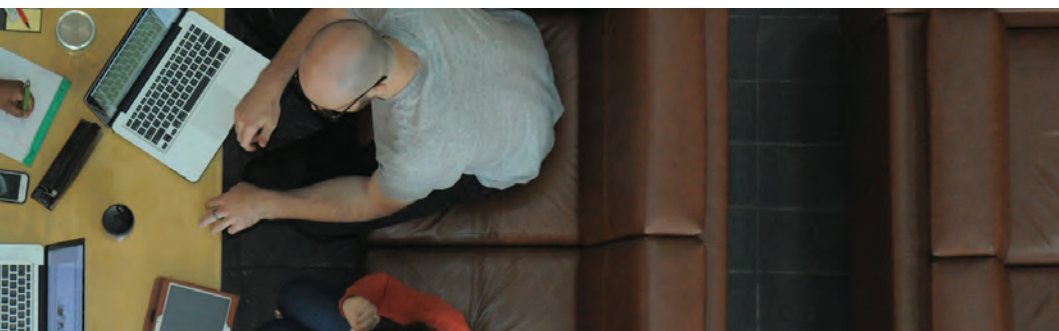
## Variety of programs

As an exchange student, you can take advantage of most of our programs, **with the exception of courses in the faculties of Dentistry, Health Professions, and Medicine, and those in the schools of Law and Planning.**

Some of our available programs are:

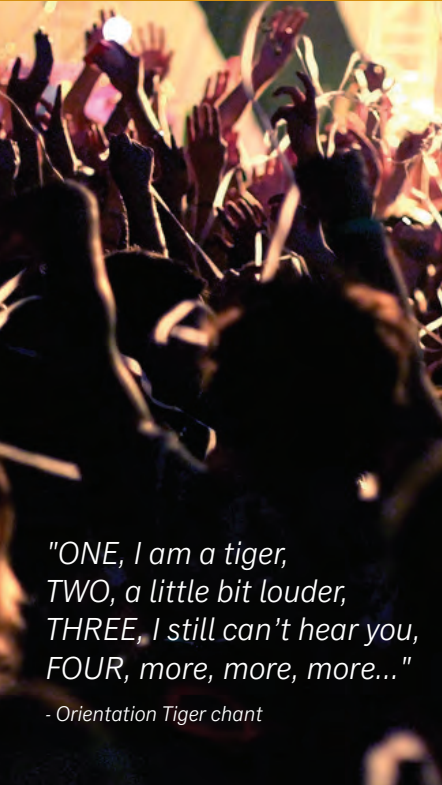
- Animal Science
- Aquaculture
- Canadian Studies
- Computer Science
- Entrepreneurship and Innovation
- History of Science and Technology
- Marine Biology
- Oceanography
- Sustainable Resource and Environmental Management
- Theatre

For a full list of our academic programs, visit [dal.ca/programs](http://dal.ca/programs).



WELCOME TO

# Dal Student



The student experience at Dalhousie is about much more than what happens in the classrooms, labs, and lecture halls.



"ONE, I am a tiger,  
TWO, a little bit louder,  
THREE, I still can't hear you,  
FOUR, more, more, more..."

- Orientation Tiger chant



# Life



*“Student life does not get boring fast when there are so many societies!”*

— *Melissandre Naud, Dal Exchange student from Leiden University, the Netherlands*



# Experience all of Dal

There are lots of things to do on campus outside of class time to keep you busy and expand your horizons. Make the most of what Dal has to offer!

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Have you ever experienced a live ice hockey game? Or an authentic Indigenous Canadian musical celebration? At Dalhousie you can cheer on our men's and women's **varsity Tigers teams**, and join in on our annual mawio'mi, a traditional Mi'kmaq gathering.

The Arts Centre is home to the Theatre and Music programs, and houses the **Dalhousie Art Gallery** and three theatres. The largest, the Rebecca Cohn Auditorium, is the venue for Symphony Nova Scotia and many larger touring music, comedy, and theatrical shows. [www.dal.ca/artscentre](http://www.dal.ca/artscentre)

Our student pubs, **the Grawood**, **the Muse** and **the T-Room** are popular meeting places where you can take in open mic nights, coffee houses, trivia nights, and improv.



Want to work out, go for a swim, have a squash or badminton game, do some rock-climbing, play some intramural sports, or cheer on one of our teams? Our athletic and recreational facilities include **Dalplex**, **Sexton Gym**, **Wickwire Field**, along with outdoor tennis in Halifax, and the **Langille Athletic Centre** on the Agricultural Campus.

[www.dal.ca/athletics](http://www.dal.ca/athletics)



LIFE at Dal | outside the classroom



# Get involved!

The best way to enjoy the full exchange experience at Dalhousie is to take part in as many activities as you can. You'll meet new friends, try new things, and perhaps learn a thing or two about yourself.

[www.dal.ca/getinvolved](http://www.dal.ca/getinvolved)

## SOCIETIES & CLUBS

Joining a student society or club is a great way to get involved. And with over 330 to choose from, you won't have any problem finding the perfect one—everything from Harry Potter to photography, beekeeping to breakdancing. The **Dalhousie International Student Association (DISA)** is a popular group for students from different countries to come together to socialize. For a full list of societies administered by the Dalhousie Student Union, visit [www.dsu.ca](http://www.dsu.ca).

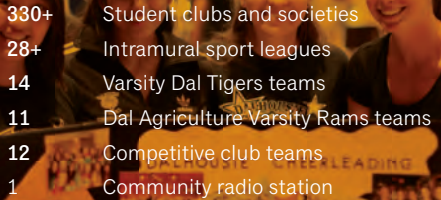
## VOLUNTEER & LEADERSHIP

Many of the societies and clubs enable you to get involved in the Halifax community. The **DalConnects** program and the **SAIL** program in Truro can also set you up with volunteering opportunities with outside organizations.

[www.dal.ca/dalconnects](http://www.dal.ca/dalconnects)

[www.dal.ca/SAIL](http://www.dal.ca/SAIL)

### QUICK FACTS



330+	Student clubs and societies
28+	Intramural sport leagues
14	Varsity Dal Tigers teams
11	Dal Agriculture Varsity Rams teams
12	Competitive club teams
1	Community radio station

## EVENTS ON CAMPUS

There are always a ton of events going on across campus. Watch a movie in the swimming pool. Participate in a board game night. Go on a day-long surf trip. **Dal After Dark** brings you free/low cost events.

[www.dal.ca/afterdark](http://www.dal.ca/afterdark)

[www.dal.ca/studentevents](http://www.dal.ca/studentevents)



# Campus support

## SERVICES & RESOURCES for students

[www.dal.ca/campuslife](http://www.dal.ca/campuslife)

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### SUPPORT FOR INTERNATIONAL STUDENTS

[www.dal.ca/international](http://www.dal.ca/international)

The **International Centre** can support you throughout your exchange process. Whether it's assisting you in the application and immigration process, developing your English language skills, or organizing social activities, the Centre will help you settle into your new environment.



### HEALTH & WELLNESS

[www.dal.ca/livewell](http://www.dal.ca/livewell)

The **Student Health & Wellness Centre** on the Halifax campus, and **Health Services** on the Truro campus, are your one-stop shops for health and wellness. For both physical and mental health, they offer professional services, supports, workshops, and online resources to support you.



### ACADEMIC SUPPORT

[www.dal.ca/learnwell](http://www.dal.ca/learnwell)

Our academic support services can assist you with **academic advising**, developing **study skills**, and providing **academic accommodations** for a disability or religious obligation. **Writing Centre** advisors can assist you with your research papers and presentations.



## YOUR EXCHANGE ABROAD TEAM!

[www.dal.ca/cometoDal](http://www.dal.ca/cometoDal)

**Gillian MacDonald** (your exchange advisor) and **Tara Mody** (your student exchange advisor) are here to make you feel at home during your exchange and to help you transition to your life at Dal.

Join them for special events held throughout the year where you can meet other exchange students and experience local food and culture.



### **Buddy program**

As an exchange student, you have the opportunity to connect with a current Dalhousie student through the Buddy Program.

They can help you with your transition to life in Halifax, and help you get involved in the Dalhousie community.

*"Take the leap! The world is a beautiful place to explore and Nova Scotia is one of the rare gems waiting to be discovered. We would love to welcome you to our community."*

*- Gillian MacDonald,  
International Centre Exchange Advisor*

*Gillian and Tara*



# Accommodation

## LIVING OFF CAMPUS

Dalhousie is perfectly situated in the middle of fantastic Halifax residential neighbourhoods with plenty of houses, flats, and apartments available for students to rent—everything from beautiful Victorian and Edwardian houses to modern apartment buildings. The Agricultural Campus is located just outside of Truro, which also offers various off-campus housing options.

Visit [www.dal.ca/offcampushousing](http://www.dal.ca/offcampushousing) to find listings of available accommodations and pretty much everything you need to know about renting in Halifax and Truro.



There's also a short list of temporary accommodations if you arrive in Halifax before your lease starts.

The Volunteer Coordinator at the International Centre can help you with finding accommodations and settling in. Please email your housing-related questions to [icvolunteer@dal.ca](mailto:icvolunteer@dal.ca).

## Costs of living

The average cost of living in Halifax for one academic year is approximately **\$12,000 CAD**. (Prices are subject to change.)

One-bedroom apartment	\$700-\$1,000
Utilities (cable, Internet, heat, electricity, etc.)	\$200
Overnight stay in hostel	\$20-\$57
Overnight stay in hotel	\$150-\$200
Sales tax on most consumer goods	15%
Tip for most services	15-20%
Transit pass	\$77.80/semester
Health insurance	\$364/semester
Movie ticket	\$12
1 litre of milk	\$3
1 loaf of bread	\$3
Dinner at a restaurant	\$10-\$40
1 litre of gas	\$1.45





*Please note that there is no space available in residence for exchange students who come to Dalhousie for the fall term only (September–December). If you are planning to come to Dalhousie for the winter term (January–April) or for a full academic year (September–April), please email [residence@dal.ca](mailto:residence@dal.ca) for availability.*

## LIVING ON CAMPUS

[www.dal.ca/residence](http://www.dal.ca/residence)

Living in residence as an exchange student is a great way to meet people and have all of Dalhousie's services and resources at your doorstep.

There are **11 different residences in Halifax**, spread between the main Studley and Carleton Campuses and the downtown Sexton Campus. They vary in size and style, but are all supported by a great team of professionals who will make your stay comfortable.

An hour away on the **Agricultural Campus**, there are **three residences** located just a few minutes walk from all the academic buildings and services for students.



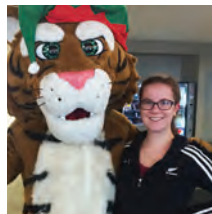
# HOW TO *apply*

## ELIGIBILITY

You must satisfy the requirements of your home university and be nominated by your university to participate in an exchange at Dalhousie. You also need to find out if your university is an exchange partner of Dalhousie.

While at Dalhousie, you are required to take at least 9 credit hours (3 courses) per term. A standard full-time course load is 15 credit hours (5 courses), which is the approximate equivalent of 30 ECTS credits.

Some courses require previous knowledge in an area of study usually demonstrated through completing a specific course beforehand. You can request special permission to register in these courses and the instructor will evaluate your background on a case-by-case basis before granting permission.



*"I would recommend going on exchange to Dal because of all the great people you'll meet. Everyone is welcoming and excited to show newbies all that Halifax has to offer. I was very impressed by the hospitality of Haligonians. The university campus itself is beautiful. I had the best time of my life at Dal and wouldn't trade it for anything else!"*

*- Eilish Austin,  
Dalhousie Exchange student from Victoria  
University of Wellington, New Zealand*



## TUITION FEES

If you are coming as an exchange student, you pay your tuition fees to your home university. There are some fees (e.g. health insurance, transit pass) that you will be responsible for paying at Dalhousie.

If you are coming to Dalhousie on a study abroad program, you pay your tuition fees to Dalhousie for one or two terms.





apply now!

..... Visit [www.dal.ca/cometoDal/apply](http://www.dal.ca/cometoDal/apply).

### APPLICATION DEADLINES

Fall Term (September–December)	May	1
Winter Term (January–April)	October	1
Summer Term (May–August)	February	1



# #ComeToDal



## CONTACT US

Before you pack your bags, find out more information at [www.dal.ca/cometoDal](http://www.dal.ca/cometoDal)

If you have any questions about coming to Dal on exchange, get in touch: [international.centre@dal.ca](mailto:international.centre@dal.ca)



[dal.ca](http://dal.ca)